

# Class of 2019

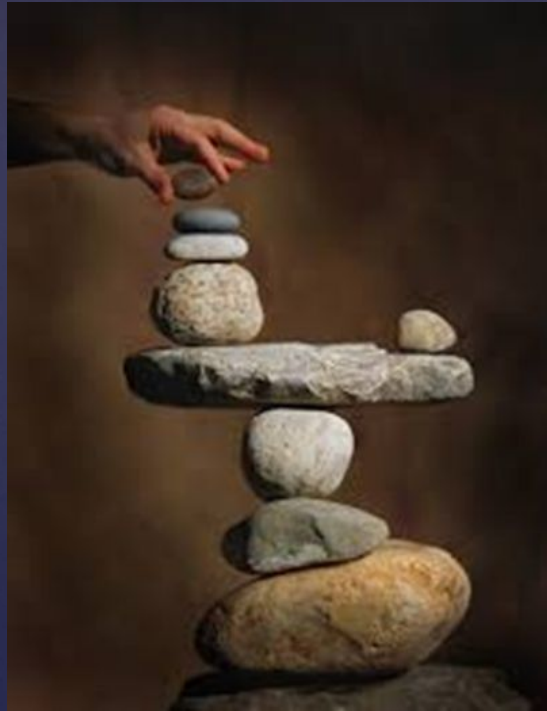


***Welcome to Junior Year!***

# Agenda

- Importance of Balance and Connection
- Tips & Reminders for Junior Year
- Post High School Options
- Upcoming Opportunities & Events
- NAVIANCE

# The Importance of “Balance”



# Reminders



- Stay connected (clubs, athletics, special events, community service)
- Upcoming Events (ORHS website - Career Center)
- Text Message Reminders
- Maintain grades, communication with teachers
- Tutoring

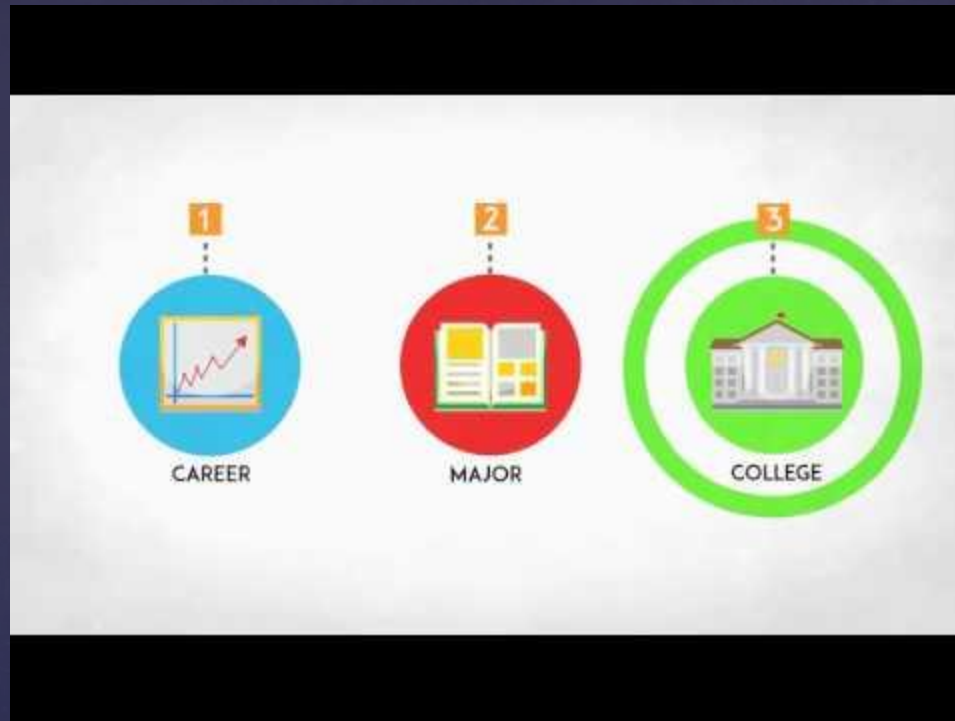
# Post-Secondary Options

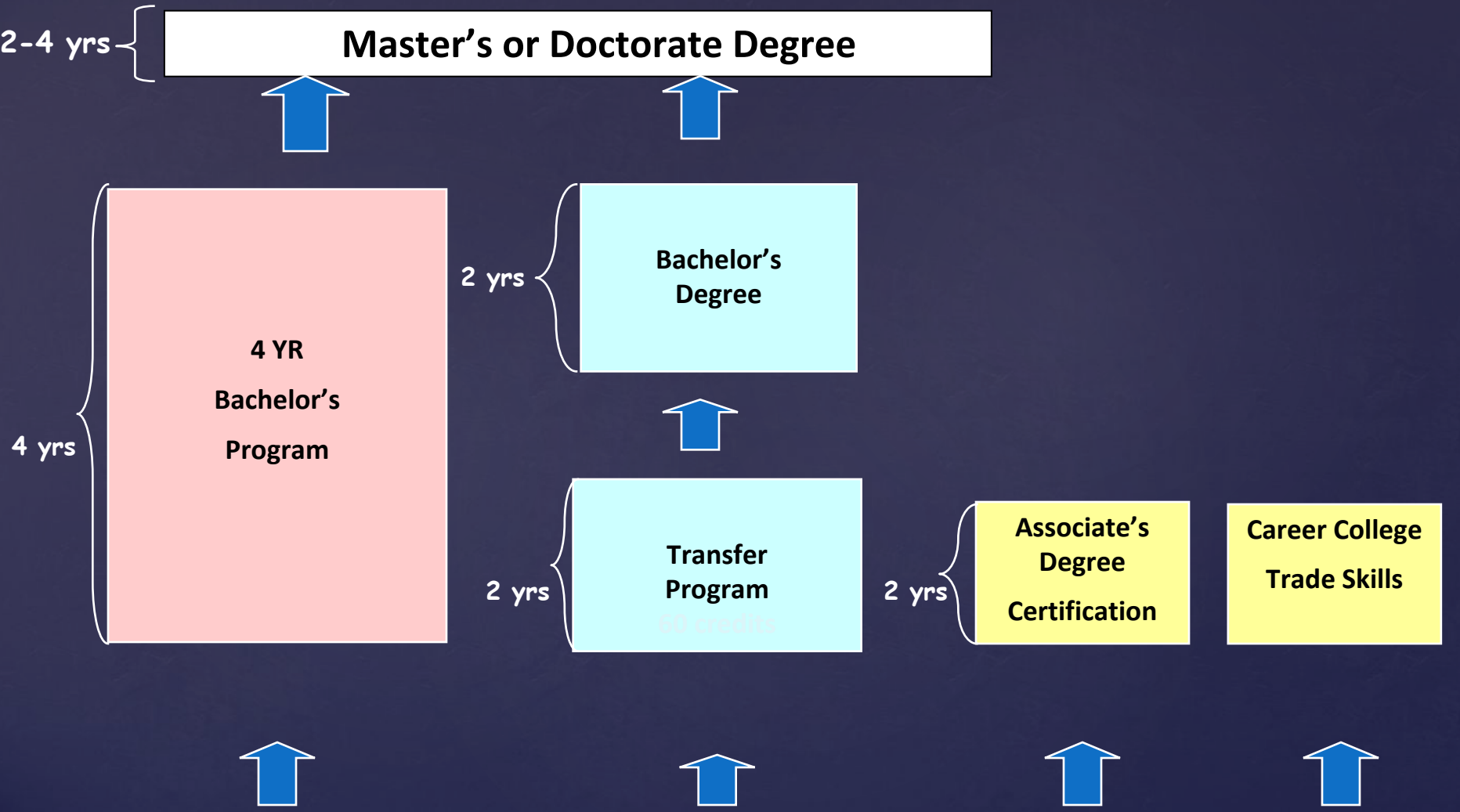


**Employment**  
**Career College**  
**Gap Year**  
**College (2 year and/or 4 year)**  
**Military or Military Academy**



# Begin with the END in mind...

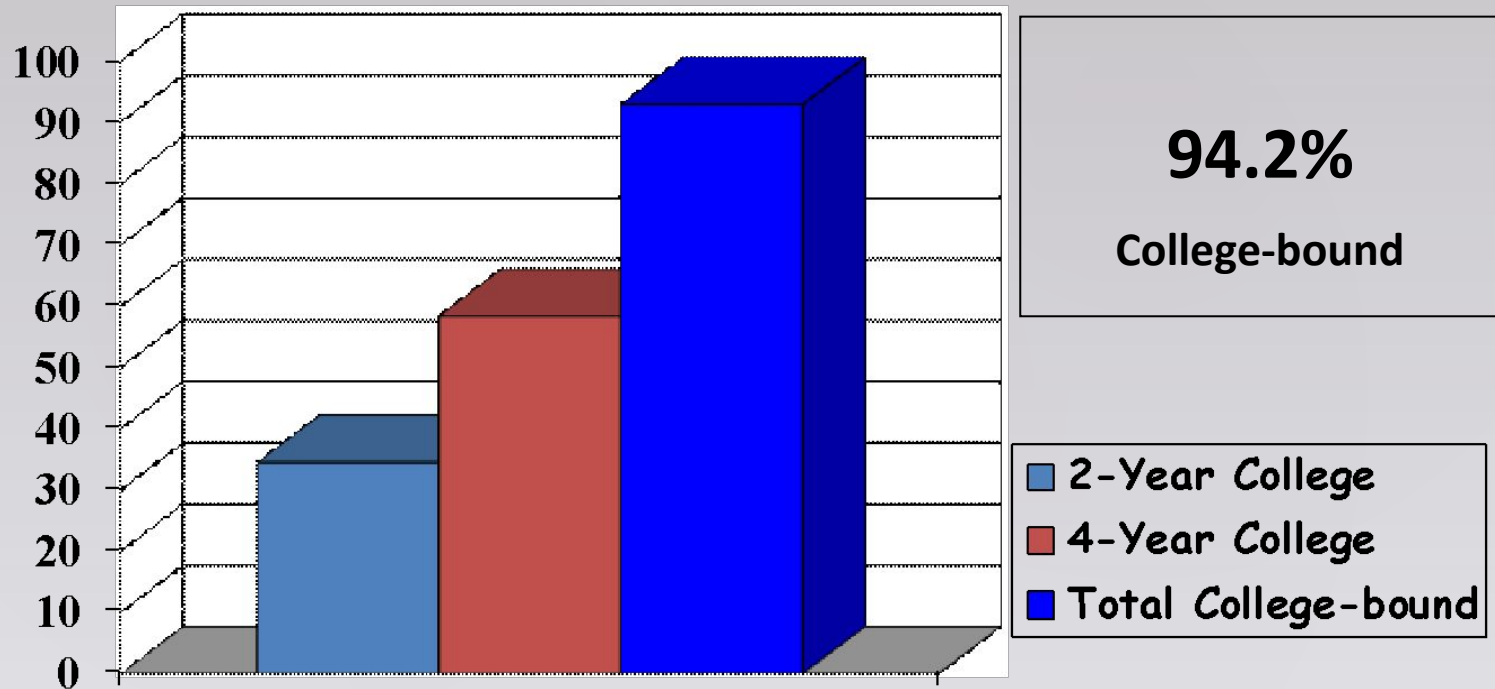




**8 Multiple ways to gain post-secondary skills**



# Oak Ridge Data for Class of 2017



**58.5% to 4-Year College & 35.7% to 2-Year College**



*Folsom Lake College*

# Community & Career Colleges



*Le Cordon Bleu*

# Community College

- **112 California Community Colleges**
- **Transfer to a 4-year college**
  - **Guarantee Transfer Program**
- **Associate Degree for Transfer (CSU)**
- **AA or AS Degree (2 years)**
- **Certificate Degree Program**

*South Lake Tahoe  
Community College*



# Certificate Programs (Los Rios CC District)

- Accounting
- Admin. of Justice
- Aeronautics
- Agriculture
- Architecture
- Art New Media
- Automotive Technology
- Biotechnology
- Building Inspection Tech
- Business
- Chemical Dependency Studies
- Communication
- Television Production
- Comp. Info Science
- Construction Management
- Cosmetology
- Culinary Arts
- Dental Assisting
- Design Technology
- Desktop Publishing
- Diesel Mechanics
- Digital Media
- Drafting Technology
- Early Childhood Ed
- Electronics Technology
- Electric Vehicles
- Emergency Medical Tech
- Environmental Design
- Fashion/Fashion Merchandising
- Fire Technology
- Geographic Information Systems
- Gerontology
- Graphic Communication
- Health Info Technology
- Horticulture
- Hospitality Management
- Interior Design
- Journalism
- Landscape Design
- Library Technology
- Management
- Marketing
- Mechanical Engineer Tech
- Medical Assisting
- Motorcycle Maintenance
- Music Production
- Nursing, LVN
- Nutrition
- Paramedic
- Phlebotomy
- Photography
- Railroad Operations
- Real Estate
- Restaurant Management
- Vet Tech
- Web Page
- Welding

# Learn more...



- **Folsom Lake College Information Night for Parents & Students**  
**Thursday, February 8<sup>th</sup>**  
**Ponderosa High School @ 6:30 PM**

# Career Colleges/Programs

- **California Culinary Academy**
- **Academy of Art**
- **Art Institute**
- **FIDM (Fashion Institute of Design & Merchandising)**
- **Carrington College (formerly Western Career College)**
- **Universal Technical Institute**
- **Wyotech**



# EDUHSD

## Regional Occupation Programs



Animal Health  
Automotive Engine  
\*Cosmetology  
Culinary Arts  
Database Design and SQL  
Programming (@ORHS)  
Dental Careers  
Diesel Engine  
Fire Control Technician  
Health Careers  
Law Enforcement  
Metal Fabrication/Welding



**Junior & Senior Year**

# Military Options

- Enlist
- Recruiters on campus 1st & 3rd Tuesdays
- ROTC (programs in college)
- Military Academies



**ASVAB DATES @ ORHS**

**November 13, 2017**

**&**

**March 12, 2018**

16

**Academy Information Night  
Ponderosa High School**

**Thursday, Nov. 30<sup>th</sup>  
6:30 – 8:00 PM**

9/14/2017



# California 4-Year Public Colleges



*San Diego State  
University*

# 4 – Year California Public University Requirements

## University of California & California State University

Admission Requirements (Minimum)

("a-g" coursework)

- History/Social Science 2 Year
- English 4 Years
- Mathematics 3 Years - through Algebra 2 (UC recommends 4 yrs)
- Lab Science 2 Years (UC recommends 3 yrs)
- Foreign Language 2 Years (UC recommends 3-4 yrs)
- Visual & Performing Arts 1 Year
- College Prep Electives 1 Year

Completed with "C" or better

CSUs and UCs use 10<sup>th</sup> & 11<sup>th</sup> grade year grades in academic courses

GPA selection may be different

# California State Universities



# California State Universities

Bakersfield

Channel Islands

Chico

Dominguez Hills

East Bay

Fresno

Fullerton

Humboldt

Long Beach

Los Angeles

Maritime Academy

Monterey Bay

Northridge

Pomona

Sacramento (local)

San Bernardino

San Diego

San Francisco

San Jose

Cal Poly San Luis  
Obispo

San Marcos

Sonoma

Stanislaus

# CSU Admissions based on:

- College Prep coursework grades
- SAT Reasoning and/or ACT Scores
- Eligibility Index

**\*Cal Poly, SLO uses “Comprehensive Review”  
and grades from 9<sup>th</sup> grade**

*California State  
University, Long Beach*



# University of California

Davis

Berkeley

Santa Cruz

Santa Barbara

Irvine

Riverside

San Diego

Los Angeles

Merced



# UC Admissions

- Coursework Other than A-G
- Educational Preparation Programs
- Volunteer and Community Service
- Work Experience
- Awards and Honors
- Extracurricular Activities
- 3.0 minimum GPA
- Personal Insight Questions
- SAT or ACT with Writing
  - UC uses the student's best score from one test date



*UC Irvine*

# UC / CSU Admissions

## University of California

9 Campuses

\$ 12,630 (tuition only per year)

\$34,700 (tuition, room & board, etc.)

SAT w/ Reasoning or ACT Plus Writing

Possible SAT subject test (by campus & major)

4 Personal Insight Questions

No Letters of Recommendation

Online Application

\$70 application fee per campus

*Subject to change*

## California State University

23 Campuses

\$ 5,742 (tuition only per year)

\$17,000 (tuition, room & board)

SAT Reasoning or ACT

No Personal Statement

No Letters of Recommendation

Online Application

\$55 application fee per campus



# Private Colleges



*William Jessup University*

## Private Universities (examples)

**St. Mary's College**

**University of So. California**

**Santa Clara University**

**University of the Pacific**

## Application

**Many private colleges use the Common App.**

**Check the college websites**

*Many private colleges have large endowments to help students finance their education.*

# Partial List of Private Colleges Oak Ridge Students Have Attended

Amherst

Azusa Pacific University

Babson

Brigham Young University

Brown

Columbia

Duke

Harvard

Harvey Mudd

Menlo College

MIT

North Carolina

Northwestern

Notre Dame De Namur

NYU

Occidental

Pepperdine

Pt. Loma Nazarene

Santa Clara University

Sarah Lawrence

St. Mary's College

Stanford University

University of Chicago

University of Pennsylvania

University of San Diego

University of San Francisco

University of Southern CA

University of the Pacific

Vassar

Westmont College

William Jessup University

Yale

# Out-of-State Colleges



*Eastern New Mexico  
University*

- **Out-of-state tuition (usually more \$\$\$)**
- **Residency requirements vary**
- **Admission requirements and deadlines vary**
- **WUE (Western Undergraduate Exchange)**
  - **Tuition Reduction!!**

**Some restrictions may apply – check with the college**

# Examples of Colleges that Offer WUE Scholarship

- Boise State University
- Montana State University
- Northern Arizona University
- Southern Oregon University
- University of Colorado, Colorado Springs
- University of Nevada, Reno
- University of Utah

*Southern Oregon University*



# Visit Colleges this Fall

Check on the college websites  
for

Open House/Preview Days and  
Regional Information Sessions



# College Reps Visit ORHS

family connection

home | [courses](#) | [colleges](#) | [careers](#) | [about me](#) | [my planner](#)

search for colleges:  
   
[MORE SEARCH OPTIONS >>](#)

resources  
[test scores](#)

my colleges


- > [colleges I'm thinking about](#)
- > [colleges I'm applying to](#)
- > [letters of recommendation](#)

[Upcoming college events](#)

Upcoming college visits

- 09/19/17 Boise State University [details >](#)
- 09/19/17 Rutgers University-New Brunswick [details >](#)
- 10/02/17 Portland State University [details >](#)

[view all upcoming college visits](#)



<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">Drexel University</a>	9/19/17 10:25 AM	Career Center	2 (25 max)
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">Chapman University</a>	9/19/17 12:25 PM	Career Center	4 (25 max)
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">University of Kansas</a>	9/19/17 12:25 PM	Career Center	- (25 max)
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">Westmont College</a>	9/19/17 12:25 PM	Career Center	2 (25 max)
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">Whittier College</a>	9/19/17 12:25 PM	Career Center	- (25 max)
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">Rutgers University-New Brunswick</a>	9/19/17 2:20 PM		1
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">The University of Oklahoma</a>	9/20/17 10:25 AM	Career Center	- (25 max)
<a href="#">information</a>   <a href="#">sign up</a>	<a href="#">Biola University</a>	9/20/17 12:25 PM	Career Center	1 (25 max)

# Attention Athletes!

*Please be mindful of all requirements of the NCAA and/or NAIA Eligibility Center.*

- Core Course Requirements
- Transcripts and Test Scores
- All Other Eligibility Requirements



**NCAA**

**[www.ncaa.org](http://www.ncaa.org)**

To submit test scores - **9999**

**NAIA**

**[www.playnaia.org](http://www.playnaia.org)**

To submit test scores - **9876**

# Learn More...

Attend this event with your parent(s)!

College Recruiting 101  
*Hosted by the NCSA*

Oct. 25th  
ORHS Gym  
6:00 - 7:00 PM

Register online. FREE event!  
Go to [ORHS website. Career Center - Upcoming Events](#)





# National Honor Society

For 10<sup>th</sup> & 11<sup>th</sup> graders  
Induction Spring 2018

Advisor, Mr. Larsen at [elarsen@eduhsd.net](mailto:elarsen@eduhsd.net)  
room F-4

Applications available mid-December 2017



# College Entrance Tests

## Spring/Summer ACT Test Dates

- April 14th
- June 9th
- July 14th

REGISTER: [act.org](http://act.org)

## Spring/Summer SAT Test Dates

- March 10th
- May 5th
- June 2nd

REGISTER: [collegeboard.org](http://collegeboard.org)



*For practice tips or study guides,  
stop by the Career Center or ask  
your Counselor!*

**Juniors - Spring 2018**

# Study More...

## SAT & ACT Combo PRACTICE Test

- Hosted by *Kaplan Test Prep*
- Designed to help determine the best test fit for you
- **Saturday, February 3, 2018**
- 9:00 AM – 1:00 PM
- In Multipurpose Room

Sign-up in the  
Career Center in January

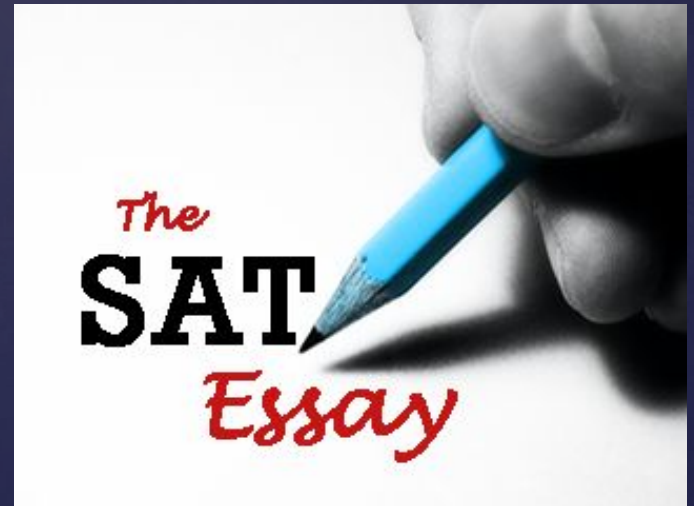


# Study More...

## SAT Essay WORKSHOP

- Hosted by *Kaplan Test Prep*
- Learn how to prepare for the SAT w/ Essay (*required by UCs*)
- **Monday, February 26, 2018**
- 2:00 PM
- Room B-3

Sign-up in the  
Career Center in February



# Who needs to take the SAT Subject Tests?

Check with individual colleges/majors to determine if a SAT Subject Test is Recommended

For example . . .

*UC Davis*

Not recommended for any area.

*UC Los Angeles*

*Henry Samueli School of Engineering and Applied Science:*  
Math Level 2 and a science test (Biology E/M, Chemistry, or  
Physics) closely related to the applicant's intended major.

# Save Money sending SAT & ACT Scores

## UC

For Both SAT and ACT

All UC campuses will be able to  
access your SAT/ACT scores if  
you:

Send your SAT and ACT  
scores to ONE UC Campus

## CSU

For Only SAT

Send scores to **3594**  
to access all the CSU campuses

# Communication

- Opt in to receive Text Message Reminders (Remind 101)
- Career Center Website
  - Click *Upcoming Events* for a list of activities
- Parent Square messages



# Text Message Reminders

## Stay in-the-know about:

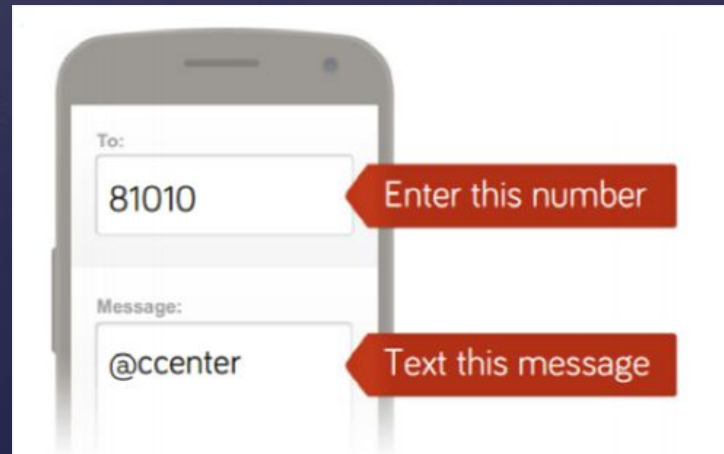
Career Center Opportunities  
Community College  
4 Year College  
Alternatives to College  
Job Board  
Scholarships  
Senior Year

## Text To:

81010  
81010  
81010  
81010  
81010  
81010  
81010

## Message:

@ccenter  
@ccollege  
@4yearco  
@ugrad  
@wantjob  
@orhsrogers  
@senioryear





# Junior Upcoming Events / Opportunities

\*Available online, in the  
Counseling Office, and the  
Career Center



2017/18

## Junior: Post-Secondary and Career Planning

You are half-way through high school and there is so much information available for you as you continue to think about what you'd like to do once you graduate! Here are some opportunities for you to take advantage of....visit, learn, think, listen and feel free to follow-up with our office if you have any additional questions once you've started on your planning.

- **September – October:** College Representatives from public / private as well as in-state / out-of-state universities will visit ORHS. Stop by the Career Center for more information.
  - See who's coming and sign up under the *Colleges* tab in Naviance.
- **Junior Parent Night: Wednesday, September 27th, 2017 @ 7:15-8:15pm** in the Theater.
- **EDUHSD / Regional College Fair: Monday, October 2, 2017 @ 6:30-8:30pm** at Union Mine High School.
  - Breakout Sessions: Learn even more about Financial Aid & the FAFSA at 5:30pm, out of state tuition reduction with Western Undergraduate Exchange (WUE), and UC/CSU admissions.
- **PSAT: Proctored on Wednesday, October 11, 2017 @ 8:30am-12:30pm**
  - \$20 per test. Register online @ [orhs.k12.ca.us](http://orhs.k12.ca.us) or @ <https://user.totalregistration.net/PSAT/050818>
  - September 1 - October 8. We will sell out, so don't wait! \$5 late fee applied Oct 2 - 8.
- **Career Units: October 24 - 27, 2017** – Counselors will visit classrooms for a 2-hour block period regarding the following:
  - Post-Secondary Planning via Naviance
    - Career Interest Inventory / Strengths Explorer
    - SuperMatch College Search & Resume Building
  - Applying to Colleges (Entrance exams, requirements, etc.)
  - Upcoming Fall Events and Opportunities
- **EDUHSD / Athletic Recruiting Info Night: Wednesday, October 25, 2017 @ 6pm** at ORHS Large Gym
  - For students interested in playing college sports. Parents are encouraged to attend.
- **Cash-4-College Event - Wednesday, November 8th, 2017 @6:00-7:00pm** at Union Mine High School
- **ASVAB: November 13, 2017 @1:00-4:00pm** - Sign up in the Career Center to save your seat
- **Military Academies Info Night: Thursday, November 30th, 2017 @ 6:30pm** at Ponderosa H.S.
- **18/19 Class Registration: January 30 - February 2, 2018** – teachers to distribute information in class
- **SAT / ACT Combo Practice Test with Kaplan Test Prep - Saturday, Feb 3, 2018 @ 9:00am-1:00pm**
  - Designed to determine which test might be a better fit for you.
  - Sign up in the Career Center to save your seat.

# Counselor Assignments

	<u>Last Name</u>	<u>Counselor Assignment</u>	<u>Extension</u>
➤	A – Ch	Jon Pratt	Ext. 3051
➤	Ci - Gr	Jill Howard	Ext. 3053
➤	Gu - K	Kim Cerutti	Ext. 3310
➤	L– Per	Jenisse Bovo	Ext. 3057
➤	Pet - Sn	Darsy Arburn	Ext. 3052
➤	So - Z	Mandy Fiedler	Ext. 3055

**Email or Call (916) 933-6980 X 3050**

**\_\_\_\_\_@eduhsd.net**

# Naviance for JUNIORS

Career Interest Survey (180 questions to identify career pathways)

College SuperMatch College Search - lets you enter a variety of criteria and gives you a list of schools that are an exact or close match for the criteria you entered:

Resume Builder

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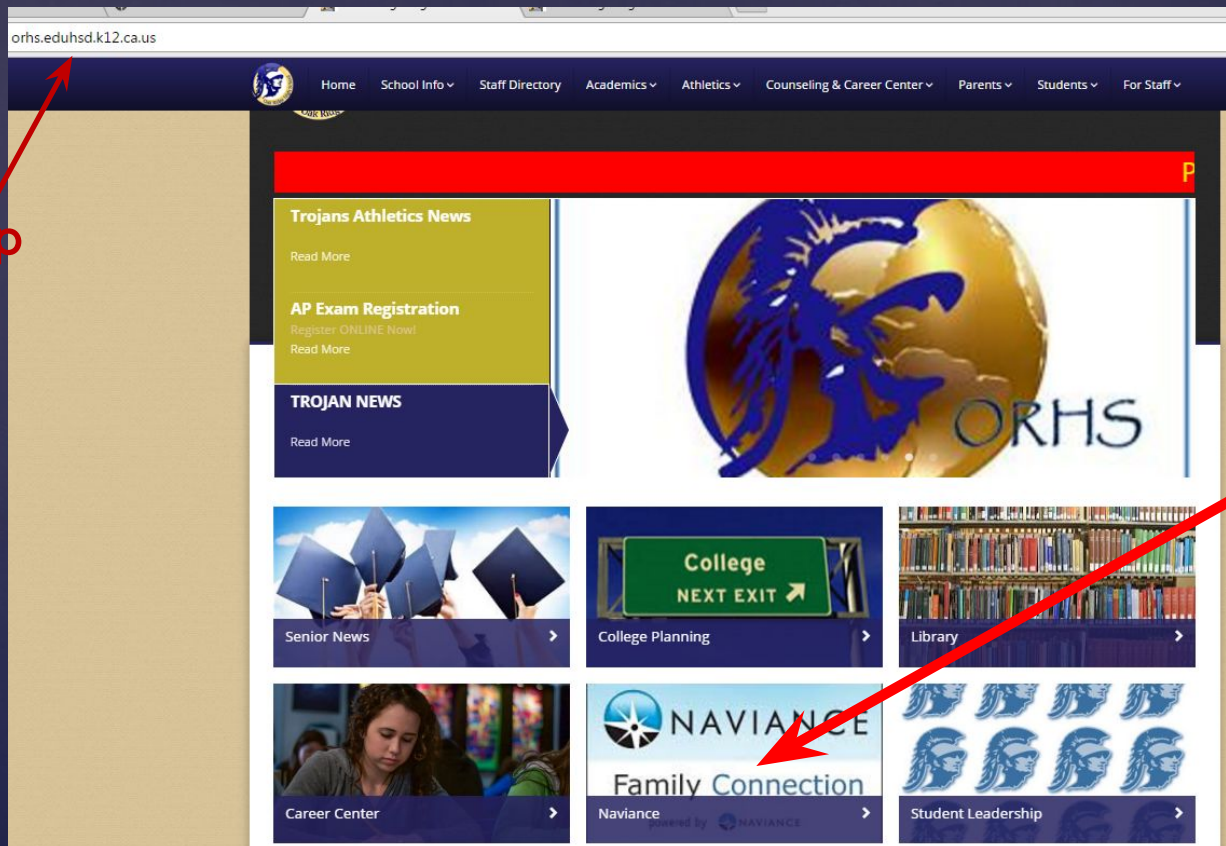
\*\*Must Identify a Career Pathway of Interest\*\*

# Questions



# Login to Naviance:

1. orhs.eduhsd.k12.ca.us
2. Select Naviance Link on homepage



# Naviance Login:

- Username:  
First four letters of last name + ORHS ID#  
(Example: Smit1234)
- Password:  
First and last initials + last four digits of Permanent ID#  
(Example js9876)

Formula is also indicated on the back of the student ID card.

# Naviance Demonstration