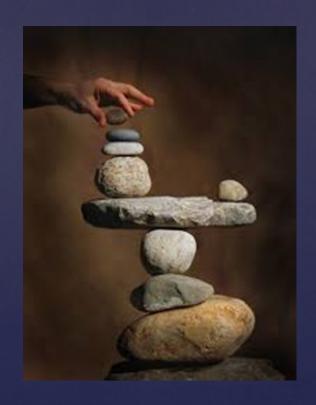
Welcome *ORHS* Parents! Classes of 2018 & 2019



Agenda

- > Importance of Balance and Connection
- Review Post High School Options
- College Entrance Tests
- ➤ Additional Opportunities & Events
 - Quick Reference Guide for Seniors
 - Planning Pages
- Paying for College
- > NAVIANCE

The Importance of "Balance"



Graduation Requirements

240 Credits to graduate



240 Credits are Required to Graduate

| Course Requirements | <u>Credits</u> |
|---|----------------|
| English | 40 |
| Social Studies | 30 |
| Math (minimum Alg. 1) | 30 |
| Science (1 Life and 1 Physical Science) | 20 |
| Health | .5 |
| Computer Technology | .5 |
| Fine Arts / World Language / CTE | 10 |
| Physical Education | 20 |
| Electives | 80 |

AERIES

Parent Access (Need E-Mail Address & Password)

- >Student Info
 - **>** Demographics
 - **≻**Emergency
 - >Class Schedule
 - **≻**Test scores
- >Attendance
- **>Grades**
 - >Class Assignments
 - >Homework
 - **>** Grades
 - **→Graduation Status**
 - **≻**Transcripts
- >Email jwomack@eduhsd.net to get connected

GRADE REPORTS

Grading Period Ends

- October 6th (quarter)
- November 3 (progress)*
- December 15 (semester)
- February 9 (progress)*
- March 16 (quarter)
- April 20 (progress)*
- May 25 (semester)

*Progress report cards are given to students in their 3rd period class to take home.

Semester grades are recorded on permanent transcript

| 2017-2018 Stu | | | | | | dent Grade Report | | | | | | | | | | | 9/21/2017 | | | |
|---------------|----------|-------|----------|------------|---------|-------------------|-------|------|-----|--------|-----|-----|--------|-------|--------------|------|-----------|------|--------|-----------|
| Stı | udent# | L | ast Name | l. | First N | lame | | | M | liddle | Na | me | | ID N | Number | Sex | (| Gra | ide | Birthdate |
| | | 16 | | | | | | | | | | | | | | | | | | 2 |
| | | | Academ | ic GPA | | Тс | tal (| GPA | | | | Cre | dit At | t and | Cmpl | Clas | s Ra | nk a | nd Siz | te |
| | | (W) | 3.6000 | 3.6000 | (W) | 3.50 | 00 | 3.50 | 000 | | | 3 | 30.00 |) [| 30.00 | 3 | 362 | of | 649 | |
| | | | | | | 1st | 1st | 2nd | 1st | 3rd | 3rd | 4th | 2nd | | | | | | | |
| Per | Course | Title | | Teacher Na | me | Prg | Qtr | Prg | Sem | Prg | Qtr | Prg | Sem | Cred | CI WH Absent | Cor | nmer | nts | | |
| 2 | Earth/S | pac | e Sci | Larsen E | | Α | | | | | | | 3 | 5.00 | 0 | | | | | |
| 3 | Exp.Co | mp. | Sci | Allen S | | A | | | | | | | | 5.00 | 0 | | | | | |
| 4 | Adv En | glish | 1 | Lucidi N | | В | | | | | | | | 5.00 | 0 | | | | | |
| 5 | Life Fit | ness | 1 | Skaggs R | | В | | | | | | | | 5.00 | 0 | | | | | |
| | Algebra | a 1 | | Eisenhart | M | B+ | | | | | | | | 5.00 | 0 | | asur | | | n class |
| 6 | | | | | | | | | | | | | | | | | | | | |

Communication Options with Teachers

1) Encourage son/daughter to talk to teacher 1st Importance of Self-advocacy (During break, before and after school)

2) Email (Teacher email list is available on the ORHS website) orhs.eduhsd.k12.ca.us

TUTORING OPTIONS

National Honor Society (student tutors)

- Math (all levels)
- English
- Biology
- Chemistry
- Physics
- US History
- World History
- Spanish
- French
- Italian



*A list of private tutors is available in the Counseling Office

Post-Secondary Options

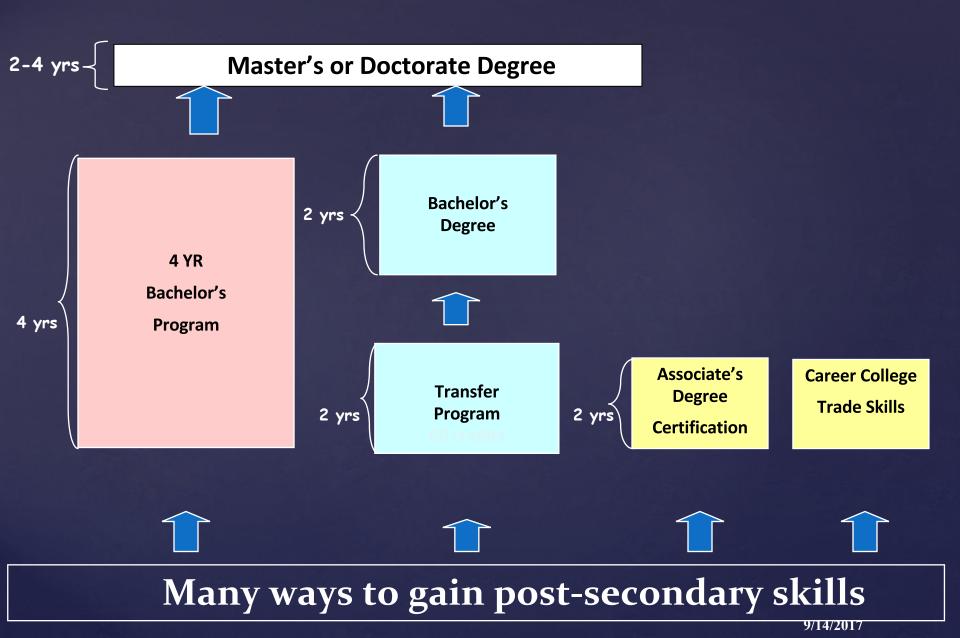


Employment
Career College
Gap Year
College (2 year and/or 4 year)
Military or Military Academy

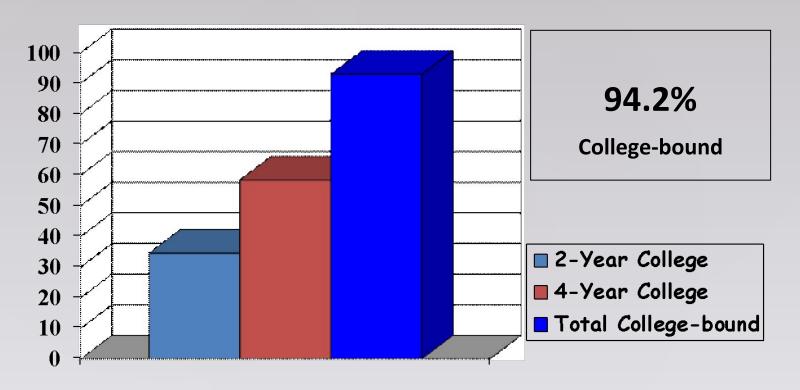


Begin with the END in mind...





Oak Ridge Data for Class of 2017



58.5% to 4-Year College & 35.7% to 2-Year College

Application Timelines

| College Type | Deadlines | Applications |
|--|--|---|
| Community College Career Colleges Military | Spring 2018 Spring 2018 Junior/Senior Year | Online Application Request Contact recruiter |
| CSU UC | Oct. 1 - Nov 30th Nov. 1 - Nov 30th | Online Application Online Application |
| Private Colleges Out of State Colleges | Check with college Check with college | Request (Check Common App) Request (Check Common App) |



Folsom Lake College

Community &





Le Cordon Bleu

Community College

- >112 California Community Colleges
- ➤ Transfer to a 4-year college
 - **>** Guarantee Transfer Program
- ➤ Associate Degree for Transfer (CSU)
- ➤AA or AS Degree (2 years)
- **≻**Certificate Degree Program



San Diego Mesa College



Certificate Programs (Los Rios CC District)

- Accounting
- Admin. of Justice
- Aeronautics
- Agriculture
- Architecture
- Art New Media
- Automotive Technology
- Biotechnology
- Building Inspection Tech
- Business
- Chemical Dependency Studies
- Communication
- **Television Production**
- Comp. Info Science
- Construction Management
- Cosmetology
- Culinary Arts
- Dental Assisting
- Design Technology

- Desktop Publishing
- Diesel Mechanics
- Digital Media
- Drafting Technology
- Early Childhood Ed
- Electronics Technology
- Electric Vehicles
- Emergency Medical Tech
- Environmental Design
- Fashion/Fashion
 - Merchandising
 - Fire Technology
- Geographic Information Systems
- Gerontology
- Graphic Communication
- Health InfoTechnology
- Horticulture
- Hospitality Management
- Interior Design

- Journalism
- Landscape Design
- Library Technology
- Management
- Marketing
- Mechanical Engineer Tech
- Medical Assisting
- Motorcycle Maintenance
- Music Production
- Nursing, LVN
- Nutrition
- Paramedic
- Phlebotomy
- Photography
- Railroad Operations
- Real Estate
- · Restaurant Management
- Vet Tech
- Web Page
- **Welding** 9/14/2017

College Connections @ FLC

Seniors! Are you committed to attending Folsom Lake College? College Connections might be right for you!

- * Tours
- Career / Major Planning
- Steps to Success
- Application Assistance
- Time management Skills
- Priority Registration



Sign up on the College Connections Interest Form!

Program subject to change.

Learn more...

College FairMonday, October 2ndUnion Mine High School @ 6:30 PM



Folsom Lake College Information Night for Parents & Students Thursday, February 8th Ponderosa High School @ 6:30 PM

FLC Application Workshop
In February

Career Colleges/Programs

- > California Culinary Academy
- Academy of Art
- > Art Institute
- FIDM (Fashion Institute of Design & Merchandising)
- Carrington College (formerly Western Career College)
- > Universal Technical Institute
- > Wyotech



EDUHSD Regional Occupation Programs





Animal Health Automotive Engine Cosmetology **Culinary Arts** Database Design and SQL Programming (@ORHS) **Dental Careers Diesel Engine** Fire Control Technician **Health Careers** Law Enforcement Metal Fabrication/Welding





Junior & Senior Year

Military Options

- **>**Enlist
- ➤ Recruiters on campus 1st & 3rd Tuesdays
- >ROTC (programs in college)
 - Learn more on Oct. 4th @ Lunch
- **➤ Military Academies**



ASVAB DATES @ ORHS
November 13, 2017
&
March 12, 2018

Academy Information Night Ponderosa High School

Thursday, Nov. 30th 6:30 – 8:00 PM

California 4-Year Public Colleges



San Diego State University

CSU & UC Eligibility

Minimum Coursework (Pass with C or better)

- a) 2 years Social Science
- b) 4 years English (4 years recommended)
- c) 3 years Math
- d) 2 years Science with a Lab (3 years recommended)
- e) 2 years Foreign Language (3 years recommended)
- f) 1 year Visual and Performing Arts
- g) 1 year Elective

California State Universities



California State Universities

Bakersfield

Channel Islands

Chico

Dominguez Hills

East Bay

Fresno

Fullerton

Humboldt

Long Beach

Los Angeles

Maritime Academy

Monterey Bay

Northridge

Pomona

Sacramento (local)

San Bernardino

San Diego

San Francisco

San Jose

Cal Poly San Luis

Obispo

San Marcos

Sonoma

Stanislaus

CAL STATE APPLY

Find your future at the California State University.

With 23 campuses and thousands of degree choices, the CSU is a great place to start your journey. Explore your options below, and start your application today.

APPLY NOW

Already started your application? Sign in »

See Application Dates & Deadlines »

Choose the type of student you are to learn more about how to apply to the CSU:

Freshman

Transfer

Graduate

International

Teaching Credential

Choosing a Campus

Compare all 23 schools by size, location, activities and other criteria to find the campus that's the perfect fit for you.

Explore Campuses

Choosing a Degree

The CSU offers over 4,100 undergraduate and graduate degrees through classroom and online instruction.

Explore Degrees

Getting into the CSU

Wondering about admission requirements and the tests, grades and test scores you'll need to be admitted?

Learn More

Paying for College

Find out how much it costs to go to the CSU and how to apply for a variety of types of financial aid.

See Your Options

University of California

Davis

Berkeley

Santa Cruz

Santa Barbara

Irvine

Riverside

San Diego

Los Angeles

Merced

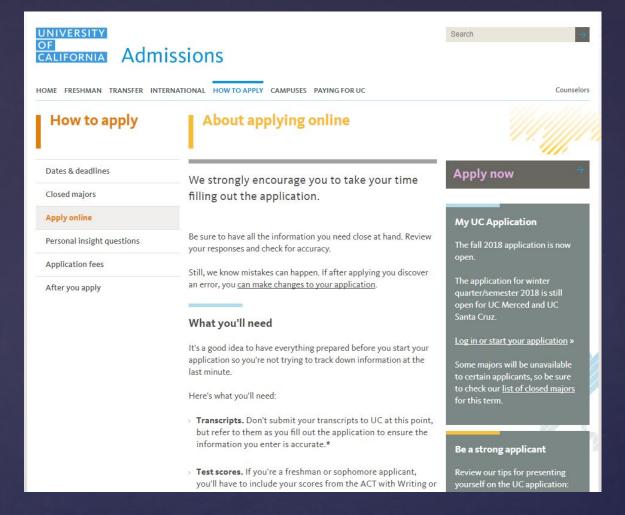


UC Admissions

- Coursework Other than A-G
- Educational Preparation Programs
- Volunteer and Community Service
- Work Experience
- Awards and Honors
- Extracurricular Activities
- 3.0 minimum GPA
- Personal Insight Questions
- SAT or ACT with Writing
 - UC uses the student's best score from one test date



UC Berkeley



admissions.universityofcalifornia.edu Application window Nov 1-Nov 30*

*students can start working on application now

UC/CSU Admissions

University of California

9 Campuses
\$ 12,630 (tuition only per year)
\$34,700 (tuition, room & board, etc.)
SAT w/ Reasoning or ACT Plus Writing
Possible SAT subject test (by campus & major)
4 Personal Insight Questions
No Letters of Recommendation
Online Application
\$70 application fee per campus

Subject to change

California State University

\$ 5,742 (tuition only per year)
\$17,000 (tuition, room & board)
SAT Reasoning or ACT
No Personal Statement
No Letters of Recommendation
Online Application
\$55 application fee per campus

Private Colleges



Point Loma Nazarene University

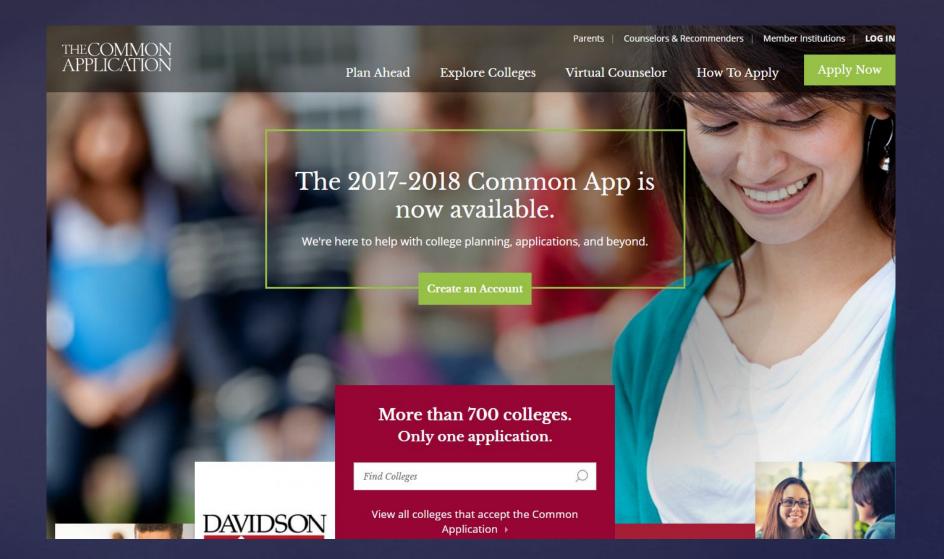
Private Universities (examples)

St. Mary's College
University of So. California
Santa Clara University
University of the Pacific

Application

Many private colleges use the Common App. Check the college websites

Many private colleges have large endowments to help students finance their education. 9/14/2017



<u>www.commonapp.org</u>
Deadlines vary - check with each college

Partial List of Private Colleges Oak Ridge Students Have Attended

Amherst

Azusa Pacific University

Babson

Brigham Young University

Brown

Columbia

Duke

Harvard

Harvey Mudd

Menlo College

MIT

North Carolina

Northwestern

Notre Dame De Namur

NYU

Occidental

Pepperdine

Pt. Loma Nazarene

Santa Clara University

Sarah Lawrence

St. Mary's College

Stanford University

University of Chicago

University of Pennsylvania

University of San Diego

University of San Francisco

University of Southern CA

University of the Pacific

Vassar

Westmont College

William Jessup University

Yale

Out-of-State Colleges



Utah State University

- Out-of-state tuition (usually more \$\$\$)
- Residency requirements vary
- Admission requirements and deadlines vary
- WUE (Western Undergraduate Exchange)
 - Tuition Reduction!!

Some restrictions may apply – check with the college

Examples of Colleges that Offer WUE Scholarship

- University of Nevada, Reno
- Boise State University
- Montana State University
- University of Colorado, Colorado Springs
- Northern Arizona University
- University of Utah
- Southern Oregon University



Montana State University

Learn More...

Attend the College Fair!

Monday, Oct. 2nd
Union Mine High School
6:30-8:30 PM



Breakout sessions start at 5:30pm in the UMHS Theater

5:30 Financial Aid Timeline

7:00 What is WUE?

7:45 UC/CSU Admissions

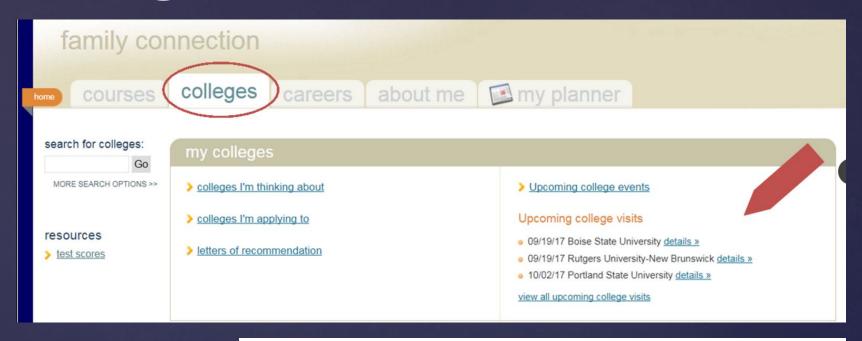
Visit Colleges this Fall

Check on the college websites for

Open House/Preview Days and Regional Information Sessions



College Reps Visit ORHS



| information sign up | Drexel University | 9/19/17 10:25 AM | Career Center | 2 (25 max) |
|-----------------------|----------------------------------|---------------------|------------------|------------|
| information sign up | Chapman University | 9/19/17 12:25 PM | Career Center | 4 (25 max) |
| information sign up | University of Kansas | 9/19/17 12:25 PM | Career Center | - (25 max) |
| information sign up | Westmont College | 9/19/17 12:25 PM | Career Center | 2 (25 max) |
| information sign up | Whittier College | 9/19/17 12:25 PM | Career Center | - (25 max) |
| information sign up | Rutgers University-New Brunswick | 9/19/17 2:20 PM | | 1 |
| information sign up | The University of Oklahoma | 9/20/17 10:25 AM | Career Center | - (25 max) |
| information sign up | Biola University | 9/20/17 12:25 PM | Career Center | 1 (25 max) |



College Essay Review Week

October 16th – 20th

- On-the-Spot Admissions Essay Review
- Hosted by ORHS Reader, Ashley Tillman
- **8:30 AM to 3:30 PM in the Career Center**
- Drop in or make an appointment
- atillman@eduhsd.net

College Application Workshops



- Mondays, October 16th & October 23rd
- > 2:00 3:30 PM
- > Sign-up in the Career Center to reserve a spot
- Work on your application alongside your peers

Letters of Recommendation

- Etiquette
- 2-week notice
- Pick up the Letter of Recommendation form in the Career Center or online (CC website)

Do I Send a Transcript with my Application?

Self-Report Grades for UC and CSU:

- ➤ Students will send a final transcript (end of senior year)
- ➤Sometimes CSUs will ask for 7th semester grades, check your college web portal

Private Colleges:

- ➤ Most require transcripts at the time of application
- ➤ Your counselor will send a transcript through Common App and/or Send Edu
- ➤ Most require a Mid-Year Report which includes fall grades (your counselor will send)
- ➤ Check with each college

Check Your Application Status Online via College Web Portals

You need to set up access for each college applied to with a custom <u>User Name</u> and <u>Password</u>



This is how colleges will communicate with you! Check your portal often!

*Keep a spreadsheet of usernames & passwords for colleges in which you applied

Attention Athletes!

Please be mindful of all requirements of the NCAA and/or NAIA Eligibility Center.

- Core Course Requirements
- Transcripts and Test Scores



NCAA

<u>www.ncaa.org</u>

To submit test scores - 9999

NAIA
www.playnaia.org
To submit test scores - 9876

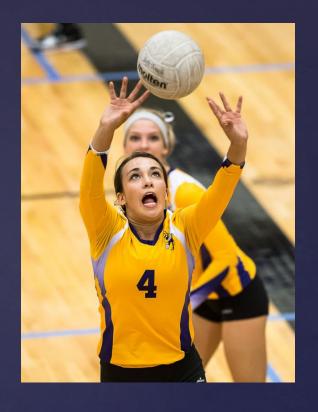
Learn More...

Parents are welcome to attend!

College Recruiting 101

Hosted by the NCSA

Oct. 25th ORHS Gym 6:00 - 7:00 PM



Register online. FREE event!
Go to ORHS website. Career Center - Upcoming Events

National Honor Society

For 10th & 11th graders Induction Spring 2018

Advisor, Mr. Larsen @ <u>elarsen@eduhsd.net</u> room F-4

Applications available mid-December 2017



A CAUTION

Grounds for having an admission decision rescinded:

- Not sending transcripts (even if taken outside of the high school--online, community college, etc), when required
- Not completing all "a-g" requirements prior to graduation
- Withheld information
- Poor senior year academics
- Falsification of records
- Did not notify colleges regarding change of coursework
- Did not send "official SAT and/or ACT scores"
- Missing deadlines

College Entrance Tests

Fall <u>ACT</u> Test Dates

- October 28th
- December 9th *

REGISTER: act.org

Fall <u>SAT</u> Test Dates

- November 4th
- December 2nd *

REGISTER: collegeboard.org



For practice tips or study guides, stop by the Career Center or ask your Counselor!

Juniors - Spring 2018

Seniors - No later than Dec. 2017*

ATTENTION Seniors!

Send Official SAT/ACT Test Scores to <u>ALL</u> of the colleges you are applying to...

Request Online: collegeboard.com / act.org

ATTENTION Juniors!



The PSAT is the National Merit Qualifying Test!



52



\$20 Sep. 1 - Oct. 1 \$25 Oct. 2 - Oct. 8

REGISTER NOW!

Registration CLOSES October 8th or WHEN TESTS SELL OUT!

- FOR JUNIORS!
- Register Online, test held at ORHS
 - ORHS Homepage or Career Center page under 'Upcoming Events'
- Free PSAT study guides available in the Career Center

53

Save Money sending SAT & ACT Scores

UC

For Both SAT and ACT

All UC campuses will be able to access your SAT/ACT scores if you:

Send your SAT and ACT scores to ONE UC Campus

CSU

For Only SAT

Send scores to 3594 to access all the CSU campuses

Paying for College



College-based Scholarships



Some colleges will award scholarships automatically, based on your admission application

Other colleges may require you submit supplemental materials and/or complete a specific scholarship application

Check each college website
Search for Freshman Scholarships
or contact the Scholarship Office

Community-based Scholarships • CALO

CALocalscholarships.org

"Locally given scholarships in your county"

- Check out the California Local Scholarship website www.calocalscholarships.org (Best place to find local scholarship opportunities!)
- Opt in to receive Career Center Text Message Reminders for 'Scholarships'
- ➤ Learn More... Attend one of the Scholarship Basics Workshops
 ▶ December 5th or January 31st @ LUNCH

FAFSA

(Free Application for Federal Student Aid)



- Submit FAFSA beginning October 1
- ➤ Go to: <u>fafsa.ed.gov</u>
- > STEP ONE: Sign-up for a FSA ID number
- Submit no later than March 2nd! (CAL GRANT DEADLINE)

Learn More about Financial Aid...



College Fair

Monday, October 2nd Union Mine High School

Arrive at 5:30 PM for the Financial Aid Breakout Session

Joint Oak Ridge/Ponderosa Financial Aid Night

Thursday, October 19th ORHS Theatre 6:30 PM

Spring Career Unit for Seniors

Jan, 22nd & 23rd - Financial Aid, Scholarships, 2 & 4 Year College Priorities

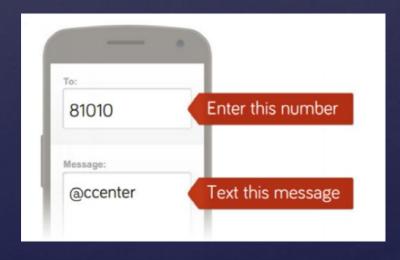
Communication

- ➤ Opt in to receive Text Message Reminders (Remind 101)
- **≻**Career Center Website
 - Click *Upcoming Events* for a list of activities
- **➤**Parent Square messages



Text Message Reminders

| Stay in-the-know about: | Text To: | Message: |
|-----------------------------|----------|-------------|
| Career Center Opportunities | 81010 | @ccenter |
| Community College | 81010 | @ccollege |
| 4 Year College | 81010 | @4yearco |
| Alternatives to College | 81010 | @ugrad |
| Job Board | 81010 | @wantjob |
| Scholarships | 81010 | @orhsrogers |
| Senior Year | 81010 | @senioryear |
| | | |



Refer to the...

Post-Secondary and Career Planning handout for Upcoming Events & Opportunities

*Available HERE!

Or online, in the Counseling Office, and the Career Center

2018/19

Senior: Post-Secondary and Career Planning

You are here! You are a senior! There is so much information available for you as you continue to think about what you'd like to do once you graduate! Here are some opportunities for you to take advantage of...visit, learn, think, listen and feel free to follow-up with our office if you have any additional questions once you've started on your planning.

- September October: College Representatives from public / private as well as in-state / out-of-state universities will visit ORHS. Come by the Career Center for a complete list and to sign-up to attend.
- EDUHSD / Regional College Fair Monday, October 2, 2017 @ 6:30-8:30pm @ Union Mine High School
 - Breakout sessions in Union Mine High School Theater: FASFA Changes (5:30-6:30pm),
 Community College Transfers (7:00-7:30pm), UC and CSU Admissions (7:45-8:30pm)
- Senior Career Unit Wednesday, September 27th and Thursday, September 28th Counselors to classrooms for a presentation regarding the following:
 - O Post-Se condary planning via Naviance:
 - Review of Resume and Career / Personality Assessments
 - College Planning Page (SuperMatch College Search, Colleges I'm Applying To)
 - Applying to Colleges (SAT/ACT, Requirements, Deadlines, etc.)
 - O Upcoming Fall Events and Opportunities
- Senior Career Unit Follow UP Q & A with ORHS Counselor Monday, Oct. 2nd, 2017 in Career Center
 lunch
- College Application Workshops Monday, October 16, 2017 and Monday, October 23, 2017 @ ORHS
 @ 2:00-3:30pm in the Career Center
 - O Please save your space by signing up in the Career Center.
- College Essay Week On the spot College Admissions Essay Review Oct. 18-21 from 8:00am-3:00pm outside of the Career Center.
- Senior Parent Night Wednesday, September 27, 2017 @ 7:15-8:15pm in the Theater.
- Financial Aid Night Thursday, Oct. 19th, 2017 @ 6:30-8:00pm at Ponderosa H.S. in the Theater
- Scholarship Basics Workshop in Career Center @ lunch
 - Monday, November 28th, Monday, December 5th, Monday, December 12th
 - O Please save your space by signing up in the Career Center.
- Senior Career Unit Monday, January 22nd and Tuesday, January 23rd, 2018

 Counselors to classrooms for a presentation regarding the following:
 - Financial Aid / Scholarship / 2 year college and 4 year college priorities
- Community College Informational Night Monday, February 5th @ 6:30-8:00pm @ PHS
- District Career Expo—Wednesday, March 14, 2018 @ 6:30-8:30pm @ Union Mine High School
- Senior Surveys Week of April 23rd –April 27th, 2018 to be facilitated in class. *Required for Senior Check-Out!

Counselor Assignments

| | <u>Last Name</u> | Counselor Assignment | <u>Extension</u> |
|------------------|------------------|----------------------|------------------|
| > | A – Ch | Jon Pratt | Ext. 3051 |
| > | Ci - Gr | Jill Howard | Ext. 3053 |
| > | Gu - K | Kim Cerutti | Ext. 3310 |
| > | L– Per | Jenisse Bovo | Ext. 3057 |
| > | Pet - Sn | Darsy Arburn | Ext. 3052 |
| \triangleright | So - Z | Mandy Fiedler | Ext. 3055 |

Junior Career Units Oct. 24th-27th, 2017

Senior Career Units Sept. 27th -28th

Naviance for JUNIORS

Career Interest Survey (180 questions to identify career pathways)

<u>College SuperMatch College Search</u> - allows you to enter a variety of criteria and gives you a list of schools that are an exact or close match for the criteria you entered.

Resume Builder

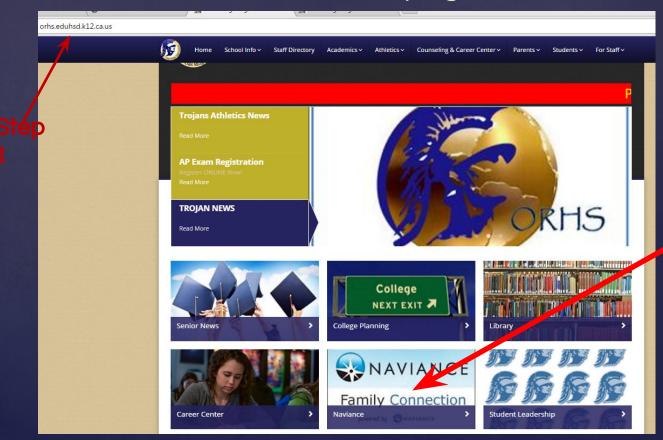
Naviance for SENIORS

Review of Resume Builder / Personality & Career Assessments

<u>College Planning Page</u> (SuperMatch College Search, add to Colleges That I'm Thinking About and Applying To).

Login to Naviance:

- 1. orhs.eduhsd.k12.ca.us
- 2. Select Naviance Link on homepage



Step

Naviance Login:

• Username:

First four letters of last name + ORHS ID# (Example: Smit1234)

Password:

First and last initials + last four digits of Permanent ID# (Example js9876)

Formula is also indicated on the back of the student ID card.

Naviance Demonstration

Questions